

# BE YOUR BEST IN 2017

Empower Exercise Physiology and Health can help you get your health back on track. If you are managing musculoskeletal pain or injury, dealing with a complex medical condition and want to start exercising to improve your health we can help you.



## WE CAN HELP WITH...

**Lower Back Pain**

**Injury Rehabilitation**

**Chronic Pain**

**Arthritis**

**Prenatal and Postnatal**

**Osteoporosis**

**Cancer recovery**

**Chronic fatigue**

**Diabetes**

**Depression**

## GET YOUR GP TO REFER



**Fast** claims... on the spot

## What is Exercise Physiology?

### We all know exercise is good for us!

An Accredited Exercise Physiologist is an Allied Health Professional who specialises in prescribing exercise to manage or treat pain and injury as well as complex medical conditions.

An Exercise Physiologist can provide rebated services under medicare, private health insurance, DVA and Workcover. Get in touch or visit the website for more information.



## Clients choose us!

"I was very impressed by Matt's professionalism and knowledge. He had a thorough understanding of my medical problems and gave me an exercise program that totally suited me."

- CATHY

"After years of back pain due to my trade I have never been able to find a way of controlling and maintaining my back issues. After taking classes and working with Matt I have not only been able to stay on top of these issues but also have fixed a lot of my other problems too."

- BEN

# Referral for Exercise Physiology



## Patient Details

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Medical History: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Medications: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What is the primary reason for Exercise Physiology referral? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Will the Patient be entitled to rebated services?:

☐ Medicare TCA

☐ DVA

☐ Workcover

☐ Private Health Insurance

\*Please bring paperwork to your initial assessment

## Referrer Details

Name: \_\_\_\_\_ Position/Specialty: \_\_\_\_\_

Practice: \_\_\_\_\_ Phone: \_\_\_\_\_

Referral Instructions: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

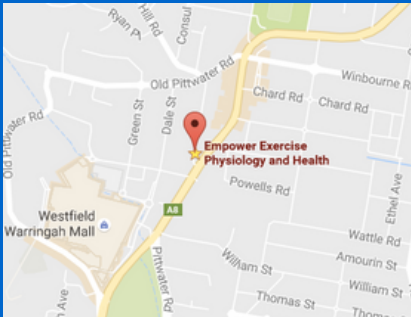
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If you require any information relating to the suitability for exercise please contact the Clinic

## Empower Exercise Physiology and Health Clinic Details

Suite 2 / 1 Roger St  
Brookvale NSW 2100  
0435 088 559  
matt@empowerexphys.com

MOVE TO IMPROVE



Parking available on site